



Somerset & Avon

rape & sexual abuse support

SARSAS is a local rape crisis centre providing specialist support for women who have experienced any form of sexual violence, at any point in their lives. We listen to women and girls and believe them, helping them to name the sexual violence they have survived and supporting them to make their own choices.



WEBINARS

Our training is informed by our experience of providing such support services across Avon & Somerset. All our experienced trainers are front-line support practitioners. We have trained groups such as nurses, mental health workers, GPs, drug & alcohol project workers, housing project workers. We also successfully work with university and secondary school students after developing engaging training sessions around healthy relationships & consent. We believe that positive change can become a reality through this kind of learning.

Introduction to Violence against women & girls:

Monday 14th March at [9.30am-11.00am](#) & [12.30pm-2.00pm](#)
Monday 21st March at [1.30pm-3.00pm](#) & [6.00pm-.7.30pm](#)

Consent:

Tuesday 15th March at [9.30am-11.00am](#) & [12.30pm-2.00pm](#)
Tuesday 22nd March at [1.30pm-3.00pm](#) & [6.00pm-.7.30pm](#)

Responding to Disclosures of Sexual Violence:

Wednesday 16th March at [9.30am-11.00am](#) & [12.30pm-2.00pm](#)
Wednesday 23rd March at [1.30pm-3.00pm](#) & [6.00pm-.7.30pm](#)

Click on preferred time to register for session of choice.

Introduction to Violence Against Women & Girls

1.5 hours

This course will introduce you to definitions of multiple forms of gender-based violence. It will cover different types of violence against women, as well as its prevalence, consequences, and the law that these offences fall under.

This will include information on intimate partner violence and abuse, rape and sexual assault, sexual harassment, and sexual exploitation. We will also touch on preventative work that people are doing to end VAWG.

This webinar is for those with no or little prior knowledge of VAWG or for those who may feel a refresher would be beneficial for their work. It will be in a presentation format with polls, case studies, and time for questions and will be supported by a PowerPoint that will be available to attendees.

Consent

1.5 hours

This webinar will give you the tools to feel confident to discuss sexual consent and healthy relationships.

This webinar is for those with no or little prior knowledge of VAWG but who want to be confident discussing consent with people they support in their work.

It will cover consent and the law, consent and capacity, coercive control, and sex positivity. It will be in a presentation format with polls, case studies, and time for questions and will be supported by a PowerPoint that will be available to attendees.

Responding to Disclosures of Sexual Violence

1.5 hours

This webinar provides guidance on responding to disclosures of recent and non-recent VAWG.

It covers signs and impacts of abuse, best practice for responding to a disclosure, support pathways available, and an introduction to grounding techniques.

It will give guidance on how we can check in with someone who we are concerned about but who has not disclosed that they are experiencing/have experienced VAWG.

It will be in a presentation format with polls, case studies, and time for questions and will be supported by a PowerPoint that will be available to attendees.